

## Discharge Planning Check List: Chronic Kidney Disease (CKD) Stage 5

Task(s) To Be Completed	Completed? & Date		Comments If no, please explain the plan to get the task completed. (i.e. Who is responsible? When it will be done? What has to happen first?)
	Yes	No	
<p><b>Modality option education</b></p> <p>The patient needs to select a dialysis modality: hemodialysis, peritoneal dialysis (CAPD or CCPD), transplantation.</p>			
<p><b>Modality choice made</b></p> <p>Before a dialysis facility accepts a new patient it needs to know what modality the patient will be on.</p>			
<p><b>Consult with vascular access surgeon</b></p> <p>The patient will need either a vascular access or a peritoneal catheter in order to start dialysis.</p>			
<p><b>Vessel mapping for candidacy for an arteriovenous fistula (AVF) if patient has chosen hemodialysis</b></p> <p>Vessel mapping allows the surgeon to evaluate all patients for AVF candidacy. Sometimes patients that might not seem eligible really are.</p>			
<p><b>Follow up appointment with the surgeon</b></p> <p>If the vascular access surgery is performed in the hospital prior to admission, a follow up appointment needs to be made. If the vascular access surgery is <b>NOT</b> performed in the hospital prior to admission, an appointment for surgery needs to be made.</p>			
<p><b>Dietary education</b></p> <p>CKD patients sometimes do not know what they can and can't eat during the time period just prior to starting dialysis.</p>			
<p><b>Admission to the dialysis unit arranged &amp; confirmed with the Nephrologist, dialysis facility Social Worker, and Unit Administrator</b></p> <p>Communication between the hospital and the outpatient facility is imperative to a smooth transition.</p>			
<p><b>Transportation to dialysis arranged</b></p> <p>Transportation to and from dialysis is frequently a difficult issue and should be addressed.</p>			
<p><b>Forward labs, dialysis records, etc. to the outpatient dialysis center</b></p> <p>These records are helpful to the outpatient dialysis center.</p>			
<p><b>Medication changes</b></p> <p>Kidney patients usually take several medications. Confusion can occur following an admission. Please be sure that the patient understands any medication changes that were made to avoid medication errors.</p>			

