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**L**  
**C**

# Your Access!



## Touch

for pulse  
for tenderness  
for temperature

## Look

at skin color  
for swelling  
for drainage



## Care

keep clean & protected  
no lying on arm  
no heavy lifting  
no carrying  
watch your weight  
keep clothes loose

Have any questions? Ask your nurse today! And ask to see the video, *“Vascular Access for Hemodialysis.”*



Facilitating the achievement of optimal wellness for kidney disease patients.

[www.TheRenalNetwork.org](http://www.TheRenalNetwork.org)  
[www.KidneyPatientNews.org](http://www.KidneyPatientNews.org)

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